

Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Adult CPR
Course Number	4314A
Purpose	To train individuals to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults
Prerequisites	None
Learning Objectives	<p>Identify how to reduce the risk of cardiovascular disease</p> <p>Recognize the signals of heart attack and provide care to reduce the chance of cardiac arrest</p> <p>Learn how to care for an adult who stops breathing</p> <p>Learn how to care for an adult who is choking</p> <p>Learn how to give CPR to an adult whose heart has stopped beating</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 1 hour
Instructor	Taught by a currently authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR Instructor, or Safety Institute USA Basic First Aid Instructor, or Safety Institute USA Adult CPR Instructor
Certification	Successfully complete all skills outlined in the course (Must perform manikin skills)
Requirements	Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)
Certificate Validity	2 year Wallet size certificate
Participant Materials	<p>Safety Institute USA Adult CPR fact sheets</p> <p>Safety Institute USA Adult CPR Certificate (4314A)</p>

For more information email: classes@safetyinstituteusa.com