

Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Recognizing an Emergency and How to Respond
Course Number	4314RE
Purpose	To provide individuals with basic information on how to recognize barriers to action and overcome any reluctance to act, how to recognize life-threatening emergencies, and help them identify when and how to activate the emergency medical services (EMS) system.
Prerequisites	None
Learning Objectives	Identify barriers to action. Identify signals of life-threatening emergencies Describe how to care for life-threatening emergencies Identify when to call for an ambulance Identify risk factors for heart disease
Length	Varies-Design supports presentations of 30 minutes
Instructor	Preferably taught by a currently authorized Safety Institute USA Instructor in First Aid and CPR
Certification Requirements	None
Certificate Validity	None
Participant Materials	Safety Institute USA _____ booklet

For more information email: classes@safetyinstituteusa.com

Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Adult CPR
Course Number	4314A
Purpose	To train individuals to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults
Prerequisites	None
Learning Objectives	<p>Identify how to reduce the risk of cardiovascular disease</p> <p>Recognize the signals of heart attack and provide care to reduce the chance of cardiac arrest</p> <p>Learn how to care for an adult who stops breathing</p> <p>Learn how to care for an adult who is choking</p> <p>Learn how to give CPR to an adult whose heart has stopped beating</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 1 hour
Instructor	Taught by a currently authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR Instructor, or Safety Institute USA Basic First Aid Instructor, or Safety Institute USA Adult CPR Instructor
Certification	Successfully complete all skills outlined in the course (Must perform manikin skills)
Requirements	Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)
Certificate Validity	2 year Wallet size certificate
Participant Materials	Safety Institute USA Adult CPR fact sheets Safety Institute USA Adult CPR Certificate (4314A)

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Infant and Child CPR w-Pediatric Skills
Course Number	4314IC
Purpose	To train parents and caregivers to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in infants and children
Prerequisites	None
Learning Objectives	<p>Identify how to reduce the risk of injury to infants and children</p> <p>Learn how to care for an infant or child who stops breathing</p> <p>Learn how to care for an infant or child who is choking</p> <p>Learn how to give CPR to an infant or child whose heart has stopped beating</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 1 hour
Instructor	<p>A current authorized Safety Institute USA Public First Aid and Safety Instructor, or</p> <p>Safety Institute USA Public CPR Instructor, or</p> <p>Safety Institute USA Infant and Child CPR Instructor</p>
Certification Requirements	<p>Successfully complete all skills outlined in the course</p> <p>(Must perform manikin skills)</p> <p>Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)</p>
Certificate Validity	2 year Wallet size certificate
Participant Materials	<p>Safety Institute USA Infant and Child CPR fact sheets</p> <p>Safety Institute USA Infant and Child CPR Certificate (4314IC)</p>

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Public CPR – Adult Child Infant w/Pediatric Skills
Course Number	4314PC
Purpose	To train individuals to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in infants, children or adults
Prerequisites	None
Learning Objectives	<p>Identify how to reduce the risk of dying from a heart attack</p> <p>Recognize the signals of a heart attack and provide care to reduce the chance of cardiac arrest</p> <p>Identify how to reduce the risk of injury to infants and Children</p> <p>Learn how to care for an infant, child or adult who stops Breathing</p> <p>Learn how to give CPR to an infant, child, or adult whose heart has stopped beating</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 2 hours
Instructor	A current authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR Instructor
Certification Requirements	<p>Successfully complete all skills outlined in the course</p> <p>(Must perform manikin skills)</p> <p>Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)</p>
Certificate Validity	2 year Wallet size certificate
Participant Materials	<p>Safety Institute USA Public CPR fact sheets</p> <p>Safety Institute USA Public CPR Certificate (4314PC)</p>

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Basic First Aid Introduction
Course Number	4314CFAT
Purpose	To train individuals in the workplace to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory or cardiac emergencies sudden illness, and injury.
Prerequisites	None
Learning Objectives	Identify how to respond to emergency situations by checking to see if it is safe to intervene. Learn how to control bleeding, direct pressure, elevation, Learn how to care for non-life-threatening emergencies such as a strain, sprain or fracture, basic topical burns, bandaging. Identify how to use your community's emergency medical services (EMS) system effectively
Length	Suggested 1 hour
Instructor	A current authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Basic First Aid Instructor
Certification	Successfully complete all skills outlined in the course
Requirements	Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)
Certificate Validity	2 year Wallet size certificate
Participant Materials	Safety Institute USA Basic First Aid fact sheets Safety Institute USA Adult-Basic First Aid Certificate (4314CFAT)

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Basic First Aid-Blood Borne Pathogens
Course Number	4314BFA
Purpose	To train individuals in the workplace to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory or cardiac problems sudden illness, and injury.
Prerequisites	None
Learning Objectives	<p>Identify how to respond to emergency situations by checking to see if it is safe to intervene</p> <p>Learn how to care for a victim who is choking</p> <p>Learn how to control bleeding</p> <p>Learn how to care for nonlife-threatening emergencies such as a strain, sprain or fracture</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 1 hour
Instructor	A current authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Basic First Aid Instructor
Certification Requirements	<p>Successfully complete all skills outlined in the course (Must perform manikin skills)</p> <p>Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)</p>
Certificate Validity	2 year Wallet size certificate
Participant Materials	<p>Safety Institute USA Basic First Aid fact sheets</p> <p>Safety Institute USA Adult-Basic First Aid Certificate (4314BFA)</p>

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Public First Aid and Safety, AED, O2
Course Number	4314PFA
Purpose	To train individuals and families to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory or cardiac problems sudden illness, and injuries to infants, children, or adults
Prerequisites	None
Learning Objectives	<p>Identify how to respond to emergency situations by checking to see if it is safe to intervene</p> <p>Identify how to reduce the risk of a heart attack</p> <p>Identify how to reduce the risk of injury to infants and children</p> <p>Recognize the signals of a heart attack and provide care to reduce the chance of cardiac arrest</p> <p>Learn how to care for a victim who is choking</p> <p>Learn how to give CPR to an infant, child, or adult whose heart has stopped beating</p> <p>Learn how to control bleeding</p> <p>Learn how to care for non-life-threatening emergencies such as a strain, sprain or fracture</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
Length	Suggested 1- 1.5 2 hours
Instructor	A current authorized Safety Institute USA Public First Aid and Safety Instructor
Certification Requirements	<p>Successfully complete all skills outlined in the course</p> <p>NO written exam for lay-persons</p>
Participant Materials	<p>Safety Institute USA Basic First Aid fact sheets</p> <p>Safety Institute USA Public CPR First Aid combo Certificate (4314A)</p>

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Blood Borne Pathogens (Disease Prevention)
Course Number	4314BBP
Purpose	To train individuals and families to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as bleeding, exposure to bacteria and viruses.
Prerequisites	None
Learning Objectives	How Infections Occur The Body's Natural Defenses How Diseases Spread How Diseases are Transmitted Exposure Control Plan Universal Precautions
Length	Suggested 1 hour
Instructor	Current authorized Safety Institute USA Public First Aid and Safety Instructor
Certification Requirements	Successfully complete all skills outlined in the course NO written exam for lay-persons
Certificate Validity	2 year certification
Participant Materials	<i>Safety Institute USA Bloodborne Pathogens</i> handout Safety Institute USA Public CPR First Aid combo Certificate (4314BBP)

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	First Aid and CPR Instructor Course
Course Number	4314Instructor
Purpose	To train candidates as Instructors in Adult CPR, Infant and Child CPR, Public CPR, Basic First Aid, and Public First Aid and Safety, and to train them to use the 4314IT module
Prerequisites	Current FA-CPR-O2-BBP
Learning Objectives	Minimum age of 17, Possess one of the following: Instructor Candidate Course (ICC) certificate (4314CC) Issued in the last 12 months, or A current Health and Safety Instructor authorization Successfully complete Precourse Session, consisting of first aid and CPR skills and knowledge evaluation
Length	A minimum of 12 hours is recommended (this does not include the Precourse Session) to also teach 3 classes different levels observed by an I.T. pending number of participants and pre-experience.
Instructor	A currently authorized Safety Institute USA First Aid and CPR Instructor Trainer
Certification Requirements	Successfully participate in course activities Successfully meet Instructor candidate competencies <u>Pass a written test with a grade of 90% or better</u>
Certificate Validity	2 year Instructor authorization Wallet size certificate and Wall size. \$75. Renewal fee per year after initial 2 years. Authorization is for two calendar years. All authorizations Expire on December 31. Refer to Section II in the Health and Safety Manual of Administrative Policies and Procedures for additional information
Participant Materials	Participant's manual at desired level of Instructor certification Safety Institute USA First Aid and CPR Instructor's Health and Safety Services Instructor Certificate

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Epinephrine Auto Injector and Anaphylaxis
Course Number	4314EPI
Purpose	To recognize anaphylaxis reaction and provide emergency first aid by administering epinephrine auto injector
Prerequisites	None
Learning Objectives	Recognizing Anaphylaxis Shock Recognizing combination of 2 signs Understanding the administration of the Epi-pen and location Activating EMS
Length	30 minutes
Instructor	Taught by a currently authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR Instructor, or Safety Institute USA Basic First Aid Instructor, or Safety Institute USA Adult CPR Instructor
Certification Requirements	Successfully administer the Epi-pen (practice model), Participate in the skill and oral sessions
Certification Validity	2-year certification
Participant Materials	1 Epi-pen practice syringe Safety Institute USA certificate 4314Epi

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	O2 Administration
Course Number	4314O2
Purpose	To provide oxygen support when emergencies arise in both conscious and unconscious victims. Knowing when to apply breathing masks and types based on oxygen demands.
Prerequisites	CPR, First Aid, CPR-AED
Learning Objectives	Provide emergency O2 in life threatening conditions Learn How to use Nasal Tube Learn How to use Resuscitation Mask w/O2 inlet Learn How to use Non-rebreather bag/mask Learn How to use BVM-Bag Valve (face) Mask Learn How to use Oximeter Learn How to use O2 bottle Learn How to use Flo-meter Learn How to check O2 valve meter and O-ring
Length	Suggested 1 hour, based on group size
Instructor	Taught by a currently authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR-AED Instructor, or Safety Institute USA Basic First Aid Instructor, or Safety Institute USA Adult CPR Instructor
Certification Requirements	Successfully complete all skills outlined in the course Practice skills for CPR barrier mask, Bag Valve Mask, Nasal cannula and Non-rebreather mask.
Certification Validity	2-year certification
Participant Materials	Safety Institute USA Oxygen Administration handout Certificate (4314O2)

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	First Aid and CPR Instructor Trainer
Course Number	4314IT
Purpose	To train Instructors' trainer candidates to teach the First Aid and CPR Instructor course
Prerequisites	Possess a current Public First Aid and Safety Instructor authorization. Be active in conducting a variety of First Aid and CPR courses and display proven leadership and competence in this discipline, taught 50 classes
Learning Objectives	<p>Demonstrate appropriate qualities as a Safety Institute USA representative and role model</p> <p>Plan, conduct, and evaluate the Instructor specialty course for Instructor candidates</p> <p>Assess the competencies of Instructor candidates for certification</p> <p>Maintain complete, accurate course records and reports</p> <p>Determine self-development plans to maintain and enhance professional knowledge and skills in training and in the content of the specialty area</p> <p>Serve as a technical resource to the Safety Institute USA Unit</p> <p>Plan, conduct, and evaluate the ICC course for Instructor candidates (if applicable)</p>
Length	Flexible,
Instructor	Taught by Director of Health and Safety
Certification Requirements	<p>Complete the Instructor Trainer course or apprenticeship</p> <p>Complete the specialty course practicum</p> <p>Master the required competencies</p>
Certificate Validity	Authorization is for two calendar years. All authorizations expire on December 31. Refer to Section IV in the Health and Safety Manual of Administrative Policies and Procedures for additional information
Participant Materials	Safety Institute USA Guide for Training First Aid and CPR Instructors (4314ITB) Health and Safety Instructor Trainer Authorization (4314IT)

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Safety Institute USA HEALTH AND SAFETY

Participant Fact Sheet

COURSE:	Bridge Course CPR First Aid Instructor
Course Number	4314IBCI
Purpose	To train Instructors' who are current in other organizations to teach the First Aid and CPR under our program course and guidelines.
Prerequisites	Possess a current First Aid and CPR Instructor authorization from a Nationally Recognized Organization. Be active in conducting a variety of First Aid and CPR courses and display proven leadership and competence in this discipline, minimum documentation by reference having taught 50 classes. Provide detailed resume/cv in core knowledge with current certifications.
Learning Objectives	<p>Demonstrate appropriate qualities as a Safety Institute USA Instructor and role model Plan, conduct, and teach specialty course (s) for Instructor Bridge-Over candidates assess the competencies of Instructor candidates for certification</p> <p>Maintain complete, accurate course records and reports</p> <p>Determine self-development plans to maintain and enhance professional knowledge and skills in training and in the content of the specialty area</p> <p>Serve as a technical resource to the Safety Institute USA providing training in rural areas.</p>
Length	Flexible, must teach 3 monitored classes for evaluation. Minimum 24 hours classroom.
Instructor	Taught by Director of Health and Safety or Regional IT.
Certification Requirements	<p>Complete the Instructor Trainer course or apprenticeship</p> <p>Complete the specialty course practicum</p> <p>Master the required competencies both knowledge and skill hands-on.</p>
Certificate Validity	Authorization is for two calendar years. All authorizations expire on December 31. Refer to Section IV in the Health and Safety Manual of Administrative Policies and Procedures for additional information. Present current Instruction Authorization wallet card
Participant Materials	Safety Institute USA Guide for Training First Aid and CPR Instructors (4314ITB) Health and Safety Instructor Trainer Authorization (4314IT)

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