

# Safety Institute USA HEALTH AND SAFETY

## Participant Fact Sheet

<b>COURSE:</b>	<b>Adult CPR</b>
<b>Course Number</b>	4314A
<b>Purpose</b>	To train individuals to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults
<b>Prerequisites</b>	None
<b>Learning Objectives</b>	<p>Identify how to reduce the risk of cardiovascular disease</p> <p>Recognize the signals of heart attack and provide care to reduce the chance of cardiac arrest</p> <p>Learn how to care for an adult who stops breathing</p> <p>Learn how to care for an adult who is choking</p> <p>Learn how to give CPR to an adult whose heart has stopped beating</p> <p>Identify how to use your community's emergency medical services (EMS) system effectively</p>
<b>Length</b>	<b>Suggested 1 hour</b>
<b>Instructor</b>	Taught by a currently authorized Safety Institute USA Public First Aid and Safety Instructor, or Safety Institute USA Public CPR Instructor, or Safety Institute USA Basic First Aid Instructor, or Safety Institute USA Adult CPR Instructor
<b>Certification</b>	Successfully complete all skills outlined in the course <b>(Must perform manikin skills)</b>
<b>Requirements</b>	Pass written exam with a minimum score of 70% or better (no written test required for lay persons, only skill test required)
<b>Certificate Validity</b>	2 year Wallet size certificate
<b>Participant Materials</b>	<p>Safety Institute USA Adult CPR fact sheets</p> <p>Safety Institute USA Adult CPR Certificate (4314A)</p>

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